



THE ENNEAGRAM

MINING OUR RESOURCE POINTS

LAND OF SKY UCC

15 OVERBROOK PLACE, EAST ASHEVILLE, NC

July 13, 2019

Saturday 9 am-4:30 pm



SANDRA SMITH, MDiv, a certified Enneagram teacher, teaches this system throughout North America as a tool for personal and spiritual growth, dissolving patterns that prevent authentic connection with self and other. She facilitates type and study groups, and works one-on-one with individuals as an Enneagram consultant and spiritual companion. Learn more about her work at AlchemyWorksEvents.com.

This Enneagram workshop is shaped to deepen self-awareness by exploring the influence of our type's resource points (wings and connecting lines). Understanding these resource points allows us to grasp more fully the complexity and dynamics of the Enneagram as we place ourselves in a larger context within this system and within our own perspective of self.

What does it mean for a type Nine to work with the gifts of type Six, a connecting point? Perhaps the Nine engages the imagination more and asks hard questions. A type One accessing the gifts of type Four can take more time for reflection and self care, allowing for creative options to emerge. Each type's resource points can bring balance and reminds us that all we need is within. This workshop will introduce the **Enneagram Perspective Circle** as folks experience walking the Enneagram to gain perspective and mine wisdom from these resource points.

Additionally, we'll explore the virtues of our type as well as our "mid-wife point." Discussion will revolve around the wisdom available to us from each resource point as well as *the felt sense of each type*. Mary Beth Gwynn will guide us in connecting with our body wisdom and allowing this wisdom to deepen our experience and sharpen our discernment. *Stretching beyond who we've identified ourselves to be enriches the journey to living more fully who we are.*

Cost: \$155 includes materials and Saturday's vegetarian lunch. After June 30, cost is \$170. Your check will reserve your space. Certificates of attendance are available. For more information contact Sandra Smith at 828.808.5820 or sandraCsmith@charter.net.



REGISTRATION DUE BY JUNE 25, 2019

GUEST PRESENTER



MARY BETH GWYNN, MBA, MSLS has facilitated soul work for over 25 years, primarily with individuals but also with small groups in retreats and trainings. Her own training took place over 7 years of highly experiential teaching and mentoring and she continues using this process with clients. Learn more about her work at marybethgwynn.com.

NAME _____ TYPE _____

Email _____ Amt Enclosed \$ _____

Phone number _____ Special Dietary needs? _____

Mail this form with check payable to AlchemyWorks to Sandra Smith PO Box 1419 Skyland, NC 28776